OCTOBER 2023

High School Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	Bosco Sticks Marinara Salad Bar Fresh Fruit Choice of Milk	3 Nacho Supreme Lettuce/Meat Cheese/Salsa Sour Cream/Olives Tomatoes Fresh Fruit Choice of Milk	4 Chicken Strips Smiley Fries Steamed Corn Salad Bar Fresh Fruit Choice of Milk	5 French Toast/Syrup Scrambled Eggs Sausage Links Hash brown Fresh Fruit Choice of Milk	6 Trio Sub Salad Bar Baked Chips Fresh Fruit Choice of Milk
9	Choice of Pizza Caesar Salad Fresh Fruit Choice of Milk	10 Chicken Patty Buttered Noodles Green Beans Fresh Fruit Choice of Milk	11 Lasagna Roll Up Salad Bar Bread Stick Fresh Fruit Choice of MILK	12 Bacon Cheeseburger Steamed Corn Baked Chips Fresh Fruit Choice of Milk	13 NO SCHOOL
16	Chili Cinnamon Roll Carrots Fresh Fruit Carrot Sticks/Ranch Fresh Fruit Choice of Milk (No Salad Bar)	17 Pizza Sticks Steamed Corn Fresh Fruit Choice of Milk	Braves Bowl Popcorn Chicken Mashed Potatoes Gravy/Corn/Cheese Salad Bar Fresh Fruit Choice of Milk	Pancakes/Syrup Scrambled Eggs Sausage Links Hash brown Fresh Fruit Choice of Milk	20 BBQ Rib Sandwich Baked Beans Salad Bar Baked Chips Fresh Fruit Choice of Milk
23	Bosco Sticks Marinara Salad Bar Fresh Fruit Choice of Milk	Spaghetti/Meat Sauce Bread Stick Carrots Fresh Fruit Choice of Milk	25 Soft Shell Taco's Salad Bar Fresh Fruit Choice of Milk	Double Cheeseburger Waffle Fries Baked Beans Fresh Fruit Choice of Milk	27 Bacon Chicken Wrap Steamed Corn Salad Bar Baked Chips Fresh Fruit Choice of Milk
30	Choice of Pizza Caesar Salad Fresh Fruit Choice of Milk	31 Hot Dog Baked Beans Baked Chips Fresh Fruit Choice of Milk Spooky Dessert			

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Fruit Choices

Apples
Banana
Pear
Grapes
Applesauce
Strawberries
Blueberries
Apple Slices

Alternative Meals

Chef Salad Cold Sandwiched; Turkey, Ham, Egg, PB&J

Ala Carte

Monday- Chicken Tuesday-Dbl. Cheeseburger Wednesday-Cooks Choice Thursday- Corn Dog Friday- Pizza or Bosco

